

COUNSELING, CASE MANAGEMENT & MENTAL HEALTH SERVICES

ALZHEIMER'S DISEASE/DEMENTIA

ALZHEIMER'S ASSOCIATION

Website: www.alzct.org

Fairfield County Chapter
10 Wall St., Norwalk, CT 06850

Connecticut Chapter
279 New Britain Road, Kensington,
CT 06037

1-866-3MEMORY – Toll-Free Phone

ALZHEIMER'S RESOURCE CENTER

1261 South Main Street, Plantsville CT 06479

860-628-9000, 7 days, 24 hours

Provides state-wide services including treatment for all aspects of Alzheimer's disease and related dementia, educational services, support groups and family counseling, 120 Beds.

ALZHEIMER'S DISEASE & RELATED DISORDERS ASSOCIATION

1-800-621-0379 (National Office)

ALZHEIMER'S INFOLINE

1-866-3 MEMORY, 7 days, 24 hours

DRS. CHARLOTTE & DAVID BROWN GERIATRIC EVALUATION CLINIC AT WAVENY CARE CENTER

3 Farm Road, New Canaan, CT 06840

203-594-5300

Website: www.waveny.org

Comprehensive medical geriatric assessments and ongoing management.

THE GREENS AT GREENWICH

1155 King Street, Greenwich, CT 06831

203-531-5500

The Greens at Greenwich is an assisted living residence, with 28 apartments and assistance available 24 hours a day. Assistance with daily living is provided. The Greens is also affiliated with Greenwich Woods Health Care Center, which will provide priority admission to Greenwich Woods and its specialized Alzheimer's Unit.

Please call the above number for additional information.

HEARTHSTONE ALZHEIMER CARE

95 South Broadway, White Plains, NY 10601

914-684-1980

Website: www.thehearth.org

The Hearthstone Mission: Creating residential treatment environments where people with Alzheimer's and related disorders can flourish.

Hearthstone Alzheimer Care was founded in 1992 to provide innovative treatment for people with dementia in assisted living settings. Hearthstone has been a recognized leader in its field for nearly a decade.

ANXIETY, DEPRESSION, FAMILY AND GRIEF COUNSELING

THE CAREGIVER RESOURCE CENTER

PO Box 122, Cos Cob, CT 06807-0122

203-861-9833 Day, evening and weekend appointments are available

care4you@optonline.net

Website: www.CaregiverResourceCenter.com

The Caregiver Resource Center provides counseling services for seniors and family members related to mental health and grief issues. Services include: information and referral, assessment, individual, couple and family counseling, literature and educational programs. Appointments may be scheduled in our office or as a home visit.

FEE: Call the number above for information.

FAMILY CENTERS, INC.

20 Bridge Street, Greenwich, CT 06830

203-629-2822 Mon.- Wed., 9:00 a.m. to 8:00 p.m.; Fri., 9:00 a.m. to 5:00 p.m.;

Sat., 9:00 a.m. to 12 noon for appointments.

Website: www.familycenters.org

Information and referral services are available as well as ongoing counseling for seniors and their family members. Services are provided both at Family Centers and through home visits.

FEE: Call the number above for information.

F.S. DUBOIS CENTER (Dept. of Mental Health & Addiction Services)

780 Summer Street, Stamford, CT 06901

203-358-8500

F. S. Dubois Center provides a range of out patient psychiatric, substance abuse, crisis, support and rehabilitation services. These services are targeted to publicly insured or uninsured adults with behavioral health disorders and their families.

Bilingual staff available.

FEE: Call 203-388-1600 for more information.

GREENWICH CHAPLAINCY SERVICES

Website: www.greenwichchaplaincy.org

70 Parsonage Road, Greenwich, CT 06830

203-618-4200, ext. 236, 9:00 a.m. to 5:00 p.m.

On call 24 hours. A ministry of worship, counsel and support is available to the residents of Greenwich area nursing homes and their families. Contacts with local faith communities are maintained. A ministry of in-service training and education is provided for staff and family members. Individual consultations are welcomed on request.

FEE: None. Contributions welcomed.

GREENWICH DEPARTMENT OF SOCIAL SERVICES

Town Hall, 101 Field Point Road, Greenwich, CT 06830

203-622-3800 Mon.-Fri., 8:30 a.m. to 5:00 p.m.

After-hours emergency services through Infoline. Call 211

The Department administers financial, supportive and protective services for families, children, and the elderly, ill and handicapped. Services for adults include: Financial Aid, Information and Referral, Counseling, Protective Services for Elderly - people 65 and over in danger of abuse, exploitation, or neglect (including dangerous self-neglect), Homemaker-Home Health Aide Service, Social Services at the Senior Center, Municipal Agent for Elderly, Community-Based Residential Care Program and assistance in housing search.

FEE: None

JEWISH FAMILY SERVICES

1 Holly Hill Lane, Greenwich, CT 06830

203-622-1881 Mon.-Fri., 9:30 a.m. to 5:30 p.m.

Website: www.jfsgreenwich.org

Assistance to older adults and their families is provided by professional social workers. Also available is an elder support network that links families of different localities with resources. The agency has small discussion groups for seniors, home visits, telephone reassurance, friendly visitors and guidance to adult children. Counseling is available to assist with widowhood, coping with illness, loneliness and planning for the future. Participates in Elder Support Network.

FEE: Sliding scale.

MEAD COUNSELING CENTER

139 East Putnam Avenue, Greenwich, CT 06830

203-869-5063 By appointment only

The Mead Counseling Center offers psychotherapy and spiritual guidance for individuals and their families.

FEE: Determined according to income.

DOMESTIC ABUSE

DOMESTIC ABUSE SERVICE

YWCA

259 East Putnam Avenue, Greenwich, CT 06830

Emergency Phone: **203-622-0003**, 24 hours, 7 days a week. Information and non-emergency: **203-869-6501** Mon.-Fri., 9:00 a.m. to 5:00 p.m.

Offers professional and confidential counseling to persons experiencing violence in his/her life. Provides support groups, legal information and emergency shelter.

HEARING IMPAIRED

COMMISSION ON DEAF & HEARING IMPAIRED

1-860-566-7414

Serves the slightly hearing impaired to the profoundly deaf. Interpreting services, job counseling and placement, counseling and advocacy.

SUICIDE PREVENTION

INFOLINE: CALL 211

United Way of Connecticut

1344 Silas Deane Hwy. Rocky Hill, CT 06067

Immediate telephone counseling and suicide intervention provided 24 hours per day consultation on warning signs. Community education services are also available. INFOLINE holds certification from the American Association of Suicidology.

FEE: None

F.S. DUBOIS CENTER- (Dept. of Mental Health & Addiction Services)

Mobile Crisis Services

780 Summer Street, Stamford, CT 06901

203-358-8500 Immediate telephone counseling and suicide intervention provided from 8AM- 8PM.

FEE: NONE Call **CRISIS # 203-358-8500** for more information.

SUBSTANCE ABUSE

ALCOHOLICS ANONYMOUS (Answering Service)

First Presbyterian Church

18 Lafayette Place, Greenwich, CT 06830

203-869-5221 Daily except Sun., 9:30 a.m. to 9:30 p.m.

Alcoholics Anonymous offers help to any person who has a problem with alcohol. When the answering service is closed, paid answering service will contact a member of AA to provide assistance.

THE CAREGIVER RESOURCE CENTER

PO Box 122, Cos Cob, CT 06807-0122

203-861-9833 Day, evening and weekend appointments are available

e-mail: care4you@optonline.net

Website: www.CaregiverResourceCenter.com

The Caregiver Resource Center provides substance abuse services for seniors and their family members. Services include: assessment, individual, couple and family counseling, educational programs and interventions. Appointments may be scheduled in our office or as a home visit.

FEE: Call the number above for information.

F.S. DUBOIS CENTER- (Dept. of Mental Health & Addiction Services)

Mobile Crisis Services

780 Summer Street, Stamford, CT 06901

203-358-8500 Immediate telephone counseling and suicide intervention provided from 8AM- 8PM.

F. S. Dubois Center provides a range of outpatient psychiatric, substance abuse, crisis, support and rehabilitation services including a mobile crisis service. Mobile crisis services are available for immediate evaluations. Bilingual staff available.

FEE: NONE Call CRISIS # 203-358-8500 for more information.

THE RECOVERY PROGRAM

Greenwich Hospital

203-863-4673 24 hours

The 16-bed center treats people with chemical addictions through medical management, individual and group counseling, AA participation, physical therapy and family support. Admissions are twenty-four hours a day, seven days a week. Several outpatient programs are available for both the addicted and their families.

FEE: Sliding scale. Medicare and insurance coverage, if approved.

LIBERATION PROGRAMS, INC.

Older Adults Recovery Services
DuBois Center, 3rd Floor
780 Summer Street
Stamford, CT 06901

203-388-1565 Mon.-Fri., 8:30 a.m. to 5:00 p.m.

Website: www.liberationprograms.org

LIBERATION/OLDER ADULTS is the only substance abuse prevention and treatment program in Fairfield County exclusively assisting older adults. Older adults abusing alcohol and/or prescription drugs enter recovery through individual, group and family counseling that targets their unique needs. Services include assessment, intervention, individual counseling, group counseling, family/significant other counseling, outreach clinical services, outreach education and prevention services.

FEE: All services are FREE to adults 55 years and older and to family members of those in treatment.

SUPPORTIVE SERVICES

AT HOME IN GREENWICH

20 Bridge Street, Greenwich, CT 06830
203-629-2822 x.3141

Website: www.athomeingreenwich.org

At Home In Greenwich is a non-profit membership organization founded to give Greenwich seniors both the practical means and the confidence to live their lives to the fullest in their own homes as they grow older. Provides problem-solving, information, specific referral to Town services, vetted commercial services, volunteers, social activities such as trips, book clubs, potluck suppers.

Call for information about membership fees.