

INFORMATION AND REFERRAL

GREENWICH SENIOR SERVICES

COMMUNITY ANSWERS AT GREENWICH LIBRARY

101 West Putnam Avenue, Greenwich, CT 06830

Website: www.communityanswers.org

(Toll Free) **1-866-309-1966** (or local) **203-622-7979** Mon.-Fri. 9:00 a.m. to 5:00 p.m.; Sat. 9:00 a.m. to 5:00 p.m.

Trained volunteers give answers to a wide range of questions and provide information and referral to people with questions. Community Answers also maintains a "Community Calendar of Greenwich Events."

GREENWICH COMMISSION ON AGING

299 Greenwich Avenue, Greenwich, CT 06830

203-862-6710 Mon.-Fri., 8:00 a.m. to 4:00 p.m.

The Commission on Aging is a Town department dedicated to the needs of the elderly. It is a community resource to older adults and their families that responds to questions on aging issues and services. The Commission office can locate resources in Greenwich and surrounding areas as well as provide information on state and national resources. Printed materials are available free of charge on various aging issues including housing, health care, finance, insurance counseling, transportation, social services and recreation.

AMERICAN CANCER SOCIETY

1-800-227-2345 (toll free), **203-563-0740**

Website: www.cancer.org

The American Cancer Society's National Cancer Information Center has trained cancer information counselors available 24-hours a day, 7-days a week. This is a free information service that is available to all cancer patients and their care givers.

Local office: 372 Danbury Rd., Wilton, CT 06987

AT HOME IN GREENWICH

20 Bridge Street, Greenwich, CT 06830

203-629-2822 x.3141

Website: www.athomeingreenwich.org

At Home In Greenwich is a non-profit membership organization founded to give Greenwich seniors both the practical means and the confidence to live their lives to the fullest in their own homes as they grow older. Provides problem-solving, information, specific referral to Town services, vetted commercial services, volunteers, social activities such as trips, book clubs, potluck suppers.

Call for information about membership fees.

BOARD OF EDUCATION AND SERVICES FOR THE BLIND

184 Windsor Avenue, Windsor, Connecticut 06095

860-602-4000

The Board of Education and Services for the Blind (BESB) is responsible for the confidential registry of people who are blind in Connecticut and provides, within available resources, comprehensive low vision services, specialized education services, life skills training, case management, and vocational services to individuals of all ages who are legally blind and to children who are visually impaired. The agency assists them in acquiring the skills and support services necessary to be independent.

THE CAREGIVER RESOURCE CENTER

PO Box 122, Cos Cob, CT 06807-0122

203-861-9833 Day, evening and weekend appointments are available

care4you@optonline.net

Website: www.CaregiverResourceCenter.com

The Caregiver Resource Center provides nationwide information and referral services via the telephone and our website. We offer access to a variety of aging, health, mental health, senior and caregiving resources. Literature is also available on a variety of topics.

FEE: Call the number above for information.

DISABILITY RESOURCE CENTER OF FAIRFIELD COUNTY, INC.

26 Palmer's Hill Road, Stamford, CT 06497

203-353-8550 Mon.-Fri., 9:00 a.m. to 5:00 p.m.

Local access to peer support, information and referral for people with disabilities.

GREENWICH HEALTH AT GREENWICH HOSPITAL

203-863-4444 Mon.-Fri., 9:00 a.m. to 5:00 p.m.

Information and referral on health services. Printed materials are available.

THE HEALTHY AGING SHOW

Broadcast Sundays on **WSTC AM 1400** and **WNLK AM 1350**.

Website: www.thehealthyagingshow.com

A weekly broadcast dealing with new issues and new ideas in the art of getting older. Topics aired on radio are archived for "on demand" retrieval and listening on the website. The website has articles, a forum and resource locator, hosted and sponsored by Comfort Keepers **203-629-5029**.

INFOLINE

211, or 1-800-203-1234, 24 hours/day, 7 days/week,

Trained staff members are available 24 hours a day to provide human service information, help in locating services, and crisis intervention.

GREENWICH DEPARTMENT OF SOCIAL SERVICES

Municipal Agent for the Elderly

Town Hall, 101 Field Point Rd., Greenwich, CT 06830

203-622-3800 Mon.-Fri., 8:30 a.m. to 4:30 p.m.

Provides information about benefits and services and assistance in applying for them.

STATE OF CONNECTICUT: ATTORNEY GENERAL'S OFFICE

Attorney General Richard Blumenthal

1-800-660-7787; Help Line- Leave Name and Phone Number-person will call back.

SOUTHWESTERN CONNECTICUT AGENCY ON AGING / CHOICES

10 Middle Street, Bridgeport, CT 06604

1-800-994-9422

Website: www.SWCAA.org

If you are not a Greenwich resident and would like information, referral and assistance regarding aging issues and services in Southwestern Connecticut, contact the CHOICES Program at the above number.

VOLUNTARY SERVICES FOR THE BLIND OF FAIRFIELD COUNTY

Senior Services of Stamford

945 Summer Street, Stamford, CT 06905

203-324-6611 Mon.-Fri. 9:00 a.m. to 5:00 p.m.

A regional program that provides services entirely through volunteers who work either directly or indirectly with visually handicapped persons. Volunteers are trained to encourage blind clients to function independently and to fully utilize their abilities. Services provided include: readers, drivers, friendly visitors, shopping assistants and home clerical assistants. All volunteers receive a two-hour orientation.

WESTCHESTER COUNTY DEPARTMENT OF SENIOR PROGRAMS AND SERVICES

9 South First Avenue, 10th floor, Mt. Vernon, NY 10550-3414

914-813-6400

Mae Carpenter, Commissioner

Information about senior programs and services in Westchester County and New York State.