

SUPPORT GROUPS

BEREAVEMENT GROUPS

FAMILY CENTERS/CENTER FOR HOPE

590 Post Road, Darien, CT 06820

203-655-4693 Mon.-Thurs., 9:00 a.m. to 6:00 p.m., Fri. 9:00 a.m. to 5:00 p.m.

The Center provides support groups for adults and children with life-threatening illness and their families, or bereavement counseling for families and friends of those who have experienced the loss of a loved one.

FEE: Sliding scale after free initial consultation.

FAMILY CENTERS, INC.

20 Bridge Street, Greenwich CT 06830

203-629-2822

Family Center provides a support group for widows and widowers to build connections with others while developing strategies to cope with the loss of a loved one.

FEE: Sliding scale: call for dates and times.

BEREAVEMENT SUPPORT GROUP

Greenwich Hospital Home Hospice

863-3883

A support group to help those grieving the loss of a friend or relative. Programs meet at the Second Congregational Church, 139 East Putnam Ave., Greenwich.

FEE: Free. Call for dates and times.

BEREAVEMENT SUPPORT GROUP

First Congregational Church of Greenwich

108 Sound Beach Ave., Old Greenwich, CT 06870

203-637-1791

A program to foster healing for those who grieve the loss of a loved one. Programs run periodically throughout the year. Call to register.

FEE: None. Call for dates and times.

CHRIST CHURCH

254 East Putnam Ave., Greenwich, CT 06830

203-862-9161

Support Groups to help those grieving the loss of a friend or relative. Call to register. Non-denominational. Open to the community.

FEE: Free. Call for dates and times.

JEWISH FAMILY SERVICES

1 Holly Hill Lane, Greenwich, CT 06830

203-622-1881 Call Lisa Smith, LCSW, to register.

While looking through the lens of Jewish wisdom and tradition, adults who have lost a family member, spouse or companion any time within the last five years can gain support, strength and friendship from this six-week support group. The group meets on Thursdays from 10:15 a.m. to 11:15 a.m. **FEE: NO CHARGE.**

COMMUNITY SUPPORT SERVICES

AMERICAN CANCER SOCIETY

372 Danbury Rd., Wilton, CT 06987

1-800-227-2345 (toll free), 203-563-0740

Website: www.cancer.org

Reach to Recovery: A one-to-one support program that matches newly-diagnosed breast cancer patients with a trained volunteer survivor.

Look Good ... Feel Better: A free program that teaches beauty, skin and nail care techniques to women cancer patients in active treatment. Women learn how to cope with the appearance-related side effects of chemotherapy and radiation treatments. The program helps to restore their appearance and self-esteem.

The programs are conducted by licensed cosmetologists at Greenwich Hospital on a regularly scheduled basis.

APHASIA SUPPORT GROUP

203-863-3240

Aphasia Support Group is for persons having difficulty speaking and understanding language as a result of stroke, head trauma or other causes. Meets every other Thursday, 11:00 a.m. - 12:00 p.m.

FEE: None

CAREGIVER SUPPORT GROUP AT WAVENY CARE CENTER

3 Farm Road, New Canaan, CT 06840

203-594-5200

Waveny Care Center hosts a biweekly public support group for caregivers coping with the impact of Alzheimer's Disease. This group is [sponsored by the Alzheimer's Association of Connecticut and focuses on the enormous responsibility of caring for a loved one with memory loss. Waveny welcomes caregivers from all areas to attend. Meetings are held on the second and fourth

Tuesdays of every month at 1:45 PM and last for approximately one hour.

PARKINSON'S DISEASE SUPPORT GROUP

203-863-3881

Weekly education, support therapy, exercise, social activities and rap sessions for patients with Parkinson's disease, their family and friends. Group meets on most Tuesdays, 1:30 p.m. - 2:30 p.m., at the Old Greenwich Civic Center.

FEE: None

PROSTATE CANCER SUPPORT GROUP

203-863-4444

A program of support and education for men with prostate cancer, their wives and family members to better live with the diagnosis and treatment. Meets Wednesdays 5:00 p.m. - 6:30 p.m. at the Bendheim Cancer Center, 2nd floor Community Room.

FEE: None