



**TOWN of GREENWICH**  
Bendheim Western Greenwich Civic Center  
449 Pemberwick Rd.  
Greenwich, Ct. 06831  
203-532-1259

**WEIGHT ROOM PARTICIPATION AGREEMENT**

**All participants prior to involvement in any exercise program should obtain a physician's examination.**

The undersigned represents to the Town of Greenwich, Department of Parks and Recreation and any Town employee or agent that the undersigned:

- 1) Acknowledges that I desire to participate in and perform in exercise and fitness programs at the Western Greenwich Civic Center.
- 2) Acknowledges that the use of any exercise equipment and the fitness program will place a stress on my body and that I will be solely responsible for knowing my own medical condition and whether it will tolerate such fitness program. I agree to assume the risk of injury which may result from the use of this equipment. I represent that I do not have any limiting physical condition or disability which would preclude my participation.
- 3) Acknowledges and understands that the Town of Greenwich including the Department of Parks and Recreation and the employees thereof does not maintain any type of medical or accident insurance for participants in this type of program.
- 4) Acknowledges, understands and agrees that as a condition of participating in this program, I acknowledge that The Town of Greenwich or its Parks and Recreation Department will not have a full time attendant or supervisor in the center for such fitness programs and it is my full responsibility to educate myself as to the safe and proper use of any equipment or participation in such program.
- 5) The undersigned represents that I will maintain adequate medical insurance and/or will rely on my own resources to pay for any injury resulting from my use of any equipment with which I am not familiar or from my misuse of any equipment.
- 6) Acknowledges, understands and agrees that I will not use any equipment for which I do not know the safe and proper use and I agree that I will not misuse any equipment. I hereby assume the risk of injury resulting from my use of any equipment with which I am not familiar or from my misuse of any equipment.
- 7) Acknowledges, understands and agrees that the undersigned shall hold the Town of Greenwich and/or any Parks and Recreation employees harmless from any and all claims, actions, suits, proceedings, costs, expenses, damages and liabilities arising out of or connected with the undersigned participating in this program or violation of any of the promises I have made in this agreement.

The undersigned having been made fully aware of these conditions, agrees to these conditions, knowing that the Town of Greenwich, its officers, employees and volunteers involved in the program rely on these representations.

**Make checks payable to: The Western Greenwich Civic Center Weight Club**

_____	_____
Signature	Date
_____	_____
Print Full Name	Home Address
_____	_____
Home Phone	Work or Cell Phone

**See back of this page for additional information and fees.**

## **Annual Membership fees:**

**Initiation fee – Applies to all new members - \$100.00**

**Annual membership - \$300.00**

**Additional immediate family discount - \$25.00 per person**

**College Student annual membership fee - \$275.00**

## **Age requirements**

**The weight club is for anyone 18 years of age and older.**

**16 and 17 year olds may use the weight club under the direct supervision of a parent or guardian who is a member of the club. (No Exceptions)**

**For More information call Leroy Frost at 203-644-0067**