



The Bendheim Western Greenwich Civic Center Presents:



Greenwich Ballet Academy at the Bendheim

The Greenwich Ballet Academy, under the direction of Academy Director Michael Shannon, is a not-for-profit pre-professional school which trains talented young dancers in classical ballet and contemporary dance. The Academy is rooted in European methods of curriculum and teaching. Our ballet faculty and guest teachers have trained in Europe and the United States and have danced with the Bolshoi Ballet, Kirov Ballet, and Paris Opera, to name but a few iconic ballet institutions. Our syllabus-based program adheres to the eight-year Vaganova course of study.

Year-round Classes

Training begins at age 7 in the **Pre-Academy Program**. Classes meet two times per week (see schedule below). The curriculum focuses on having children experience the joy of dance and aids them in developing balance, strong muscles, and acquiring and increasing total flexibility, coordination, rhythm, body awareness and musicality. Students develop concentration, self-motivation, and discipline at a very young age. They are introduced to elementary ballet terminology, positions, and movement. Parents are invited to observe class twice a year in January and June.

The **Lower School Program** builds rapidly upon the foundations laid in the Pre-Academy Program. Level 1 students meet four times per week and Level 2 students meet five times per week (see schedule below). In addition to classical ballet technique training, students in Level 2 are also introduced to Character Dance which is based on stylized national and folkloric dance traditions such as the czardas, mazurka, polonaise, troika, and flamenco.

Lower School students experience the exhilaration of learning choreography set to their level of ability and of performing during the Academy's two major performances in December and June.

2010 Summer Intensive Program

Join the GBA for a fun-filled and productive ballet learning experience during our three-week summer program which runs Monday through Friday from July 5 to July 23. **Pre-Academy** children enjoy a two and one-half-hour program which includes floor barre technique training and ballet arts and crafts, ballet history appreciation, creative movement, improvisation, etc. **Lower School** students engage in a four hour program of classical ballet training, character dance, and ballet variations. Please note that the summer schedule is subject to change. A final schedule will be posted in March 2010.

For more information about the GBA at the Bendheim Dance Studio, please email us at info@greenwichballetacademy.org or call 203-856-7953.

GBA Spring Semester 2009 - Bendheim Weekly Schedule

SUN	MON	TUES	WED	THURS	FRI	SAT
	4:00-5:00 Ballet Technique Pre Academy		4:00-6:00 Ballet Technique Lower School	4:00-5:00 Ballet Technique Pre Academy	4:00-5:15 Character Lower School	10:30-11:30 Ballet Technique Pre Academy
	5:00-6:45 Ballet Technique Lower School			5:00-6:45 Ballet Technique Lower School	5:15-6:45 Character/ Modern Middle School	11:30-1:00 Ballet Technique Lower School